Welcome. I have been a school nurse for over ten years at San Diego Unified School District. My clinical experience includes intensive care of adults and children, nursing management, and faculty at the University of San Diego Hahn School of Nursing and Health Science. It is my pleasure to serve the students, parents, and staff at Gage.

**Nurse Office Hours:** Tuesday & Thursday 8:30 am-10:30 am

**Zoom Link to Nurse Office Hours:**

https://sandiegounified.zoom.us/meeting/97716787472

**Additional Contact Information:** rdevere@sandi.net

(619) 510-8854
Your Health Technician is: Loretta Blackhard, SEHT Monday, Wednesday, Friday

This is my sixth year with SDUSD. I worked as a medical assistant in New Mexico for 25 years in a private practice. I love working with kids.

Health Technician Office Hours: 8:30-9:30 am 10:00-11:00 am

Zoom Link to Health Technician Office Hours:
https://sandiegounified.zoom.us/j/5142108231

Additional Contact Information: lblackhard@sandi.net
(505) 450-7693

Cluster Coordinator: Rileigh Johnson RN, MSN

Henry/Kearny Nursing Cluster Coordinator
Taft Middle School
9191 Gramercy Dr. B-1
San Diego, CA 92123
C: (619) 946-0348 *texting unavailable   email: rjohnson7@sandi.net

Additional Information/Links:

Authorization for Release of Information (English)
Authorization for Release of Information (Spanish)
Kindergarten Medical Exam Requirement Form (CHDP – English and Spanish)
Oral Health Assessment Form (KOHA – English and Spanish)
Medications Information and Forms

Immunization Information:

Immunization Requirements
Immunization Requirements (English)
Immunization Requirements (Spanish)
Immunization Clinic Schedule

Communicable Disease Information:

https://www.sandiegounified.org/departments/nursing_and_wellness_program/communicable_diseases

Insurance Enrollment (Medi-Cal Access):

https://www.sandiegounified.org/departments/nursing_and_wellness_program/insurance_enrollment

Wellness Resources:

San Diego Unified School District Nursing & Wellness Department Resources on the following topics:

- Nutrition
- Physical Activity
- Health Promotion
- Sleep
- Community Resources

https://www.sandiegounified.org/departments/nursing_and_wellness_program/related_resources

District Wellness Policy
https://sandiegounified.org/cms/one.aspx?portalId=27732478&pagId=28660805

Meal Pick-Up Sites:

https://sites.google.com/sandi.net/covid19/resources/food-services

Clinics and Resources:

Community Clinics:

La Maestra Community Health Centers
https://www.fhcasd.org/
https://sdfamilycare.org/locations/
https://www.freeclinics.com/cit/ca-san_diego
https://medschool.ucsd.edu/som/fmph/education/freeclinic/about/Pages/clinic-sites.aspx

List of low Income Dental Clinics:
Low Income Clinics in San Diego

Community Resources:

Home - 2-1-1 San Diego

San Diego Youth Services - Building futures for 50 years

YMCA Youth and Family Services

San Diego Children's Programs and Services

Wellness challenges: Stay tuned!

Covid-19: District Resources for students/families

NEW STANDARDS TO PROTECT COMMUNITY

The district recently released information regarding the re-opening of schools. Follow this link to learn more about this message from the district: https://dana.sandiegounified.org/news/what_s_new/school_re-opening_update

Need help with technology, meals, setting up a learning environment at home, and more? Follow this link to view a list of parent resources: https://dana.sandiegounified.org/news/what_s_new/resources_for_parents
Website links up-to-date as of 8/28/2020

Covid 19 Resources
To receive text messages from the County of San Diego regarding Covid19 type
To: 468-311 Text: Cosd Covid19

Online resources:
  Home - 2-1-1 San Diego
  Centers for Disease Control and Prevention (CDC)
  World Health Organization: WHO
  San Diego County Covid 19 Information
  California Dept of Public Health Covid 19
  CDC Covid 19 Share the Facts

Rady’s Children’s Pediatric Advice Line
  Dedicated Coronavirus Pediatric Nurse Advice Line – Rady Children’s is available to the community to support and answer questions regarding children and coronavirus. The line (858-966-8399) will be open from 8 a.m.-10 p.m., seven days a week.
Rady Children’s has a Behavioral Health Urgent Care:
Behavioral Health Urgent Care
San Diego County Behavioral Health
SD County Behavioral Health, Covid 19

Wash Your Hands Videos

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<tr>
<th><a href="https://youtu.be/d914EnpU4Fo">https://youtu.be/d914EnpU4Fo</a></th>
<th>When and How to Wash Your Hands</th>
<th>Handwashing</th>
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<tr>
<td>Handwashing.Intro to COVID 19.mp4</td>
<td>Handwashing Video.mov</td>
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Elementary School Health Modules
Food and Nutrition
Children & Sleep
Teach Kids about Brushing their Teeth | Colgate®

Wellness Module
Wellness - 50 Ways to Take a Break

Nutrition Label Explanation

Get Up & Go Granola Recipe

Live - Laugh - Love